

Mexican Minestrone

1 can kidney beans, rinsed and drained

1 cup chunky salsa

1 cup fresh or frozen corn

1 15-16 oz. can chicken broth

1/2 cup dry macaroni

1 cup red or green bell pepper, diced

1 cup diced cabbage

Before demonstrating the soup, pre-cook the macaroni in boiling water for about 8 minutes; drain.

Combine all ingredients in a large pan, bring to a boil, then reduce to a simmer. Cook and stir until soup is hot.